

# Proclamation

## OFFICE OF THE MAYOR

**WHEREAS**, mental health is essential to everyone's overall health and well-being; and

**WHEREAS**, all Americans experience times of difficulty and stress in their lives; and

**WHEREAS**, a lack of mental health awareness leads to devastating impacts on the wellbeing of individuals and communities; and

**WHEREAS**, prevention is an effective way to reduce the burden of mental health conditions; and

**WHEREAS**, there is strong research that animal companionship, humor, spirituality, religion, recreation, social connections, and work-life balance can help all Americans protect their health and well-being; and

**WHEREAS**, mental health conditions are real and prevalent in our nation; and

**WHEREAS**, with effective treatment individuals with mental health and other chronic health conditions can work toward leading full, productive lives; and

**WHEREAS**, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

**NOW, THEREFORE, I, KELVIN M. OWENS, MAYOR OF THE CITY OF CAMILLA AND ON BEHALF OF THE CITY COUNCIL**, do hereby proclaim May 2023 as



in Camilla, Georgia and call upon the citizens, government agencies, public and private institutions, businesses and schools to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.


**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Seal of the City of Camilla to be affixed this 8<sup>th</sup> day of May, 2023.



Kelvin M. Owens, Mayor



ATTEST:

  
Cheryl Ford, Clerk